

Caring Community Zentangle Cards

Creating and Sharing for Wellness

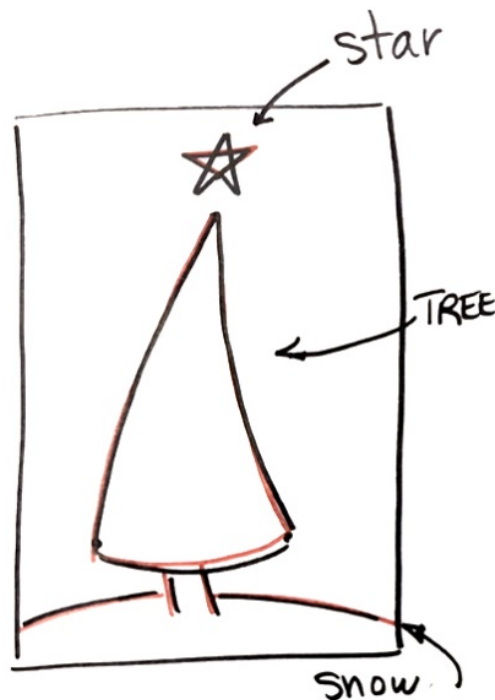
Presented by the Grimsby Public Art Gallery in partnership with bCreative

#### Materials

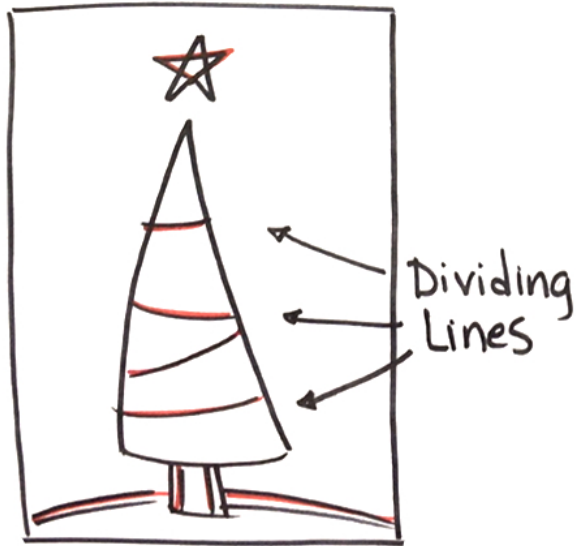
- Paper
- Pencil
- Eraser
- marker

#### Zentangle Pine Tree design

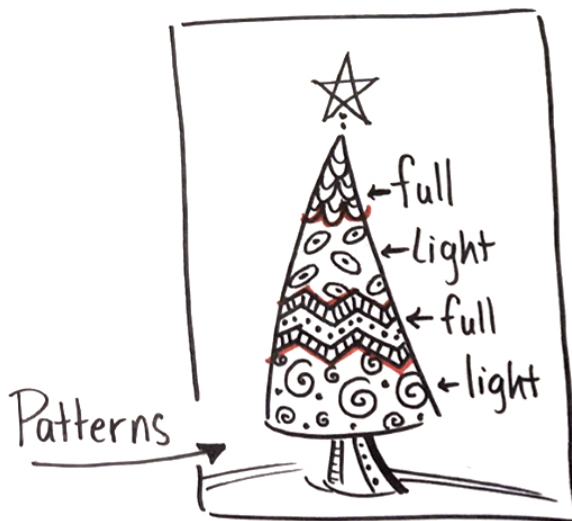
1. With your pencil, lightly draw a long triangle shape for your tree, leaving enough room at the bottom for a trunk and at the top for a star if you want to make it a Christmas tree. It can be a straight-edged triangle or you can use curved lines to make it more whimsical. It's up to you! Add a slightly curved line at the bottom of the tree for the ground.



2. Divide the inside of the tree into layers to represent the boughs of the tree using pencil. Again the lines can be straight or curved to your liking. We have used 4 dividing lines in our sample. You can add more sections but remember you need to leave space for drawing patterns within the sections of your tree.



3. Use your marker to outline the lines you want to keep. Erase the pencil marks.
4. You can now start filling in your tree sections with patterns! Try alternating between a loose and light pattern layer with a full and heavy pattern layer for the best balance of texture and value range. At the end of these instructions we have provided some samples of patterns for inspiration, or you can try creating your own patterns.



5. Try drawing other shapes to fill in, such as a flower or your favourite animal, the possibilities are endless!

Pattern samples

